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The Law Firm of
**KAVESH
MINOR &
OTIS, INC**

Estate Planning Specialists
for your peace of mind®

1.800.756.5596



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Lookin' for Love in All the Wrong Places? (How Romance Scams Affect Older Adults)



Online dating platforms can be good places to meet people to cultivate friendships or romances. However, you need to be careful with whom you interact and how the interaction develops. Cyberspace is full of a growing number of scammers who

LIVING TRUST

For those who don't yet have a Trust, but also those who have one and may need to review and update it! Both the public and our existing clients are invited - - and please bring your family or friends!

NOTE: All of our seminars listed below are now being held in-person. If you, or someone you know, would like to attend a seminar, but cannot attend a live one, please [send us an e-mail](#) so we can explore other options.

(Also note: We may provide services to anyone residing in California without them having to travel to our offices.)

IN-PERSON LIVING TRUST SEMINARS

**THURSDAY,
February 6th**

9:30am - 11:30am

Torrance Main Office

990 W. 190th Street

Suite 500 (5th Floor)

Extremely Limited Capacity

[REGISTER](#)

**SATURDAY,
February 15th**

9:30am - 11:30am

Torrance Main Office

990 W. 190th Street

Suite 500 (5th Floor)

Extremely Limited Capacity

[REGISTER](#)

**TUESDAY,
February 25th**

9:30am - 11:30am

Torrance Main Office

990 W. 190th Street

Suite 500 (5th Floor)

Extremely Limited Capacity

[REGISTER](#)

Romance scams are among the most devastating forms of fraud, targeting individuals both financially and emotionally. In the United States, older Americans have become particularly vulnerable to these schemes, which often exploit loneliness, trust, and the desire for a romantic partner or new friend. As these scams proliferate, they are leaving lasting emotional scars and financial devastation for countless seniors.

What Are Romance Scams?

A romance scam is when a fraudster creates a fake online persona to build a relationship with a victim, often via a social media or dating platform. Once trust is established, the scammer fabricates an immediate need for money, such as a medical emergency, travel expenses, or investment opportunity, and requests financial assistance. These scams are highly manipulative and often escalate over time, with perpetrators extracting significant sums from their victims.

Warning Signs

Here are some warning signs to look out for as you navigate the online dating scene...

Courtesy of Elder Law Answers

[READ MORE](#)

**NPR: As the U.S.
Ages, Dementia is
on the Rise.
Here are ways to**

FREE REPORT

WHY YOU SHOULD REVIEW YOUR ESTATE PLAN

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BY: PHILIP J. KAVESH, J.D., LL. M. (TAX)

CALIFORNIA STATE BAR CERTIFIED SPECIALIST IN ESTATE PLANNING, TRUST AND PROBATE LAW

Most people feel a weight has been lifted from their shoulders after signing their Living Trust and estate plan documents. While this feeling is well-deserved, it's important to realize that your estate plan will need maintenance. You wouldn't expect your car to run properly if you skipped tune-ups and service appointments, and your estate plan may not work when the time comes, as you desired, without an occasional review.

Do You Know What Would Happen If Your Estate Plan Was Activated Today?

The sad truth is that most estate plans do eventually become out of date, causing problems if you (or your spouse) becomes disabled or passes away. This is why our founding attorney Philip J. Kavesh created an easy-to-follow checklist to determine whether it's time to review your trust.



According to this NPR article, a recent study published in Nature predicts that the number of people with dementia in the U.S. will double over the next 40 years, with women and Black adults facing higher rates. However, researchers emphasize that lifestyle changes can significantly reduce the risk of dementia.

Dr. Jonathan Rosand and his team developed a "brain care score," a 21-point system that evaluates daily habits such as diet, exercise, sleep, and social connections, to help individuals track their brain health. A high score is linked to lower risks of dementia and depression, with studies showing that healthy lifestyle choices can mitigate genetic risks for brain diseases.

Experts suggest that managing chronic conditions like high blood pressure, alongside healthy behaviors, could prevent a substantial number of dementia cases. The focus is on making small, manageable changes over time, rather than aiming for perfection, to enhance long-term brain health.

[READ MORE](#)

Becoming a Family Caregiver for an Ailing Loved One



Taking on the responsibility of providing full-time care for an aging or disabled loved one can be a rewarding experience. Being a primary caregiver helps you rest assured that your loved one is receiving compassionate care from someone who will go above and beyond to ensure they are comfortable and looked after.

Despite your good intentions to create a comfortable environment for your loved one, full-time care-giving is a significant time commitment. There is also a financial reality that the caregiver must face. Fortunately, family members who want to serve as caregivers may have options to help cover the expense.

What Is a Caregiver, and What Do They Do?

Professional caregivers work intimately with seniors to meet their needs as they age. As individuals get older, their needs change and they may need more help going about their day.

Examples of the kinds of help caregivers provide include:

- Bathing and grooming
- Help with toileting
- Medical appointments and medication compliance
- Transportation
- Companionship

- Laundry
- Coordinate benefit care/speak to insurance companies on the senior's behalf, if authorized

Caregivers: Know the Downsides

Having a family member serve in the role of caregiver can make for a better experience for your loved one and, in some ways, give you peace of mind as well. However, there are some downsides to be aware of if you are considering becoming a family caregiver.

Courtesy of Elder Law Answers

[READ MORE](#)

RESTAURANT RECOMMENDATION JAPONICA

If you're a fan of sushi and ramen, then Japonica is the perfect spot for you! Located in Redondo Beach, Hermosa Beach, and El Segundo, Japonica offers a variety of dishes to choose from. The food is flavourful, and each location has an amazing ambience. This is a great place to have a tasty lunch or dinner with family and friends. They tend to get a little busier at night, so make sure to make a reservation ahead of time!



LOCATIONS:

Redondo Beach

1304 1/2 S. Pacific Coast

90277

(310) 316-9477

HOURS OF OPERATION

Sunday-Thursday:

11:30AM-9PM

Friday & Saturday:

11:30AM-10PM

Hermosa Beach1314 Hermosa Ave
Hermosa Beach, CA
90254

(310) 316-9477

HOURS OF OPERATION

Sunday-Thursday:

11:30AM-9PM

Friday & Saturday:

11:30AM-10PM

El Segundo229 Main St.
El Segundo, CA 90245

(310) 648-8471

HOURS OF OPERATION

Sunday-Thursday:

11:00AM-9PM

Friday & Saturday:

11:00AM-10PM

**For more information,**[click here.](#)

CLIENT TESTIMONIALS

“Dealing with the passing of a loved one and also having to deal with their estate was overwhelming. Kavesh Law was very professional, understanding (we were very lay people), patient, and organized. This made dealing with all the non-legal things we needed to address so much easier. Their instructions and explanations of the process were clear. We did need to ask

“I met with attorney Peter Keon on 10/21/24 and received an entire 90 minute session. During this meeting, he went over the details of my Trust to verify its contents and determine what changes I would like to make. It was a thorough process and I will return to the office to sign the documents in a few weeks.”

—Asako O.

appreciated their patience. We do believe that they did their due diligence in dealing with the legalities of our case. I would definitely recommend Jane Lee and Kavesh Law to anyone needing their services."

—Leah K.

"We have been doing business with Peter Keon for maybe 15 years. He is very knowledgeable, current, and empathetic. I highly recommend this estate planning firm!"

—John R.



Thank you for these wonderful client reviews (all from real clients!). We know that our clients and all the members of our community have many options to choose from when it comes to assisting with their estate planning needs. It is very gratifying to us that people put their trust in us to help them with these important decisions that will impact them and their loved ones for years to come.

Many of our clients have asked how they can support us in return and they have done so by not only referring their friends and family (for example by forwarding this e-mail newsletter), but also by taking the time to leave us an online review (which we'd really appreciate, if you haven't done so already). Below are a couple of websites you can choose from to leave a quick online review of your experience with our firm.

Thank you, in advance, for your help! We look forward to continuing to serve you and your loved ones for many more years to come!



QUOTE OF THE MONTH



“Love doesn't make the world go 'round. Love is what makes the ride worthwhile.”

—Franklin P. Jones,
American Writer & Humorist

OFFICE LOCATIONS

MAIN OFFICE

TORRANCE OFFICE

990 W. 190th Street, Suite 500
Torrance, CA 90502

TELEPHONE NUMBER

1.800.756.5596

OTHER LOCAL OFFICES

PASADENA OFFICE

790 E. Colorado Blvd., 9th Floor
Pasadena, CA 91101

ORANGE OFFICE

333 City Drive West, 17th Floor
Orange, CA 92868

WOODLAND HILLS OFFICE

5850 Canoga Avenue, 4th Floor
Woodland Hills, CA 91367

NEWPORT BEACH OFFICE

5000 Birch Street, Suite 8000
Newport Beach, CA 92660



FORWARD NEWSLETTER TO A FRIEND

The testimonials in this newsletter and throughout our website were provided by actual clients. To maintain their privacy, their names may be abbreviated and their photos are not shown. Please note that testimonials do not warrant, guarantee or predict your particular results. Actual client testimonial letters may be viewed by you in several "Thank You" books, proudly displayed at our main office lobby.

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Our mailing address is:

990 West 190th Street, Suite 500
Torrance, CA 90502
800.756.5596
310.324.9403
www.kaveshlaw.com

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